

Celebrate National Nurses Week

MAY 6-12, 2018



During National Nurses Week the Pediatric ICU would like to extend a special thanks to you, our nurses, as you continue to provide the highest level of quality care to your patients. You deserve a special thank you!

Join Jana Din **Saturday May 5 any time between 2100-2300** and **Sunday May 6 any time between 1400-1600** in the PICU Quiet Room for a short 10 minute mindfulness session featuring soft, rhythmic, relaxing drumming. You will experience a sense of inner peace and calm in a very short amount of time.



Jana Din is a veteran high school child development teacher devoted to teaching mindfulness practices to her students. For the past 18 years she has been a shamanic healing practitioner, studying for six years with North and Native American shamans. She is the co-founder and director of the Tao Center for Healing where she conducts her healing practice. Her volunteer healing work is devoted to working with ICU, palliative and hospice pediatric patients, their families, and the clinicians that care for them. For the past 4 years, she has provided over 100 volunteer shamanic healing/mindfulness based sessions for former UCDMC P ICU physician, Dr. David Steinhorn's critically and terminally ill, or injured pediatric patients and their family members. Their collaborative healing work to support PICU patients at UCDMC was featured in a nationally broadcast PBS TV show, Healing Quest, in a segment titled, Shamans in the ICU.

<http://taocenterforhealing.com/>

<https://www.healingquest.tv/todays-featured-stories/shamans-in-the-icu/>