

Jana Din



Jana Din retired as a high school child psychology teacher after 35 years, earning distinction as the Galt High School District's Teacher of the Year. She developed a school wide program incorporating drumming as a mindfulness practice, which was highlighted in a short video

(<https://youtu.be/4GAm67GUkjk>) Jana was also the Chair of the Health Education and Life Skills (HEALS) Department, and Director of the Galt Joint Union High School district Careers with Children Program. She is the Co-Founder/Director of the Tao Center for Healing

(<https://taocenterforhealing.com/>) and a Shamanic Healing Practitioner since 2002. Since 2013, Jana has provided over 100 volunteer shamanic healing services for critically ill and dying children in collaboration with former UC Davis Medical Center PICU physician, David Steinhorn, MD,

who also served as professor of pediatrics and medical director of the PANDA Palliative Care Program at Children's National Medical Center, Washington, DC. The shamanic healing support and collaboration between Jana and Dr. Steinhorn was featured in a nationally broadcast TV show, *Healing Quest*, in a segment titled, "Shamans in the ICU." (https://www.youtube.com/watch?v=dnl_K9_KEkA.) Jana continues to provide volunteer healing services across the nation for palliative and hospice patients.

Jana biannually presents the topic of shamanic journeying for the medical residents and students of Dr. Andrew Weil's School of Integrative Medicine Elective Rotation Program at the University of Arizona. Jana has also been interviewed for news articles, television, and radio, and has given presentations and workshops on shamanic healing as a support for pediatric, palliative and hospice patients for the following medical conferences, Academy of Integrative Health and Medicine, 2019 Annual Assembly of Palliative and Hospice Care in Orlando, Florida, 22nd International Congress on Palliative Care in Montreal, Canada, MD Anderson Cancer Center in Houston, Texas, George Mark Children's House, a Hospice and Respite Care facility, Western Medicine and Shamanism Seminar at the UC Davis Mind Center, PICU/PCICU Peer Support Team Annual Training at UC Davis Children's Hospital, the 32nd International Conference for the Study of Shamanism, Healing and Transformation, UC Davis Medical Center Schwartz Center Rounds, 9th Annual Palliative Care Summit, Mind-Body Approaches Can facilitate End-of Life Decision Making and Life Closure Activities, An Introduction to Shamanism and its Integration into Western Medical Practice two-day Workshop, and Texas Pedi-Hope 9th Annual Conference-Augmenting Clinical Care Through Indigenous Healing Traditions Pre-Conference Workshop.

Jana's preparation as an integrative medicine healing practitioner includes Reiki, level I and II, Healing Touch, six year shamanic healing apprenticeship with a North American shaman, sacred sweat lodge teachings from Bernard Ten Wolf, Lakota Sioux shaman, as well as extensive training in Nepal with Nepalese shaman Aama Bombo, one of the International Council of 13 Grandmothers, and don Oscar Miro Quesada's Peruvian Pachakuti Mesa Training apprenticeship.

Jana's personal and professional passion is to be of service in providing compassionate healing support to help patients, families and clients discover meaning and purpose in all of life's transitions.

Jana can be reached at janadin86@gmail.com or 1- 916-202-5310. For more information on Jana and Dr. Steinhorn's work integrating Western medicine with shamanic healing, see their website:

<https://www.healingjourneys.life/>